

WASH YOUR HANDS

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Remember to always wash your hands before eating, before helping to prepare food, or setting the table. Wash your hands with soap and warm water for 20 seconds (sing the Happy Birthday song twice). Washing your hands gets rid of germs that could make you sick.

"RECIPE FOR WASHING HANDS"







Put these steps in the correct order.

Kid's Quiz

Bacteria Attack

How long should you wash your hands in warm soapy water to send bacteria down the drain?

- a. 5 seconds
- b. 10 seconds
- c. 15 seconds
- d. 20 seconds

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| # _____ |  | # _____ |  | # _____ |  |
| # _____ |  | # _____ |  | # _____ |  |

Answer: d. 20 seconds